



# Ke Ao Lono

The monthly newsletter of Ka Pa'alana  
A Program of Partners in Development Foundation

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PA'IOLU KAI AULU

FEBRUARY 2010

## I AM SPECIAL!!!

By: Kathy Fong

In the month of January we had many opportunities to explore who we are and what makes us special. One way was through the songs we sang together. "Coconut Soap" and "Ke Kino" helped us identify the different parts of our bodies from head to toe. The large motor activities challenged us to move our

bodies by jumping, balancing, crawling, and running. For art we traced our bodies and

*everyone of us is  
unique and  
special...*

saw that we each had a unique body shape.

We also got to explore the inside of our



**"Sorting by color is FUN!"**



**"Let's examine our bones."**

bodies too. We looked at x-rays, and discovered that we have these hard things inside of us. We could feel them in our skin. Something else inside of us is called *emotions*, and we explored how we can feel happy, sad, scared, or angry at times. We learned that it is okay to feel these emotions, and that it's

important to express our feelings in appropriate ways. There were also many books in the library that helped us to discover and appreciate who we are.  
So, who is special? YOU are, of course. No matter if you're young or old, boy or girl, short or tall; everyone of us is unique and special and a life to celebrate.

## FAMILY HIGHLIGHT OF PA'IOLOU KAIIAULU

By: Cheri Richards

It's true what they say, "A family that laughs together, stays together."

The Lemari family, have been living at Pai'olu Kaiāulu for about a year. When the family began attending the pre-school, the staff at Ka Pa`alana were overcome with joy as these two twin brothers would stand up and dance in the middle of the morning song "Aloha

Kakahiaka." Their boldness and childlike innocence reminded us that we too needed to be just like them;

remember to have fun and enjoy the gifts that God gave us. The Lemari family are also blessed with two other children both who

are girls. The time the family spends together are always filled with laughter. Paulsen is the character of the family, "I like to make people laugh and smile." This is his motto for a happy family. Paulsen works for the Makaha Sheraton, while Sophia tends to the daily duties of motherhood. We at Ka Pa`alana are blessed to have the Lemari family attend our preschool.



The Lemari 'Ohana



### February Staff Highlight

#### Did you know that Anlyn Koeger...?

☺ has been a Preschool Teacher's Assistant with Ka Pa'alana since July 2009.

☺ has four children; two boys, Jordan (15) Josiah (1) and two girls, Jolina (7) Joslyn (3).

☺ wants to pursue a higher education.

My pastimes consists of hanging with my kids. We try to do anything and everything as long as we're having fun together.

I enjoy coming to work everyday and seeing the wonderful children and their families of Ka Pa'alana.



I am very happy to be a part of PID. (Thank you for having me).

It has been such a joy to service these families and I am blessed to have them in my life.

## A GREAT WAY TO BEGIN 2010

By: Dayna Begonia

Happy New Year! Indeed, 2010 brings a lot of joy and anticipation for many exciting things to come. For example, in the month of January, Ka Pa'alana Preschool celebrated the kick-off for an extension of services at one of its four shelter locations on the Leeward Coast. Families with pre-school keiki ages

birth to five years old at Pa'i olu Kaiāulu (PK) shelter, have the opportunity to participate in a four-hour long preschool, four days a week. In addition, parent and adult education classes conducted by Aunty Sophie and Ka Pa'alana Program Director Danny Goya will be available.

PK teacher Cheri Richards organized the event which offered families lessons in kalo pounding (making

pa'i ai) and weaving coconut leaves (lau niu). If families weren't pounding or weaving, they got to play games

or just relax and enjoy the entertainment with options of eating popcorn, shave ice and cotton candy.



The children have fun playing dress up with Happy Day the Clown at the carnival.

## PK CALENDAR OF EVENTS

February - Pepeluali

14 Valentines Day  
Chinese New Year

15 Holiday Presidents Day

22-23 [Mililani Students Service Project](#)

Every first Tuesday of the of the month neighborhood board meeting.

Events in [blue](#) = Ka Pa'alana events

# PA'IOLU KAI AULU CARNIVAL.



Traditional mat weaving.



Hey! Look at Me!



Grandma and granddaughter enjoying the entertainment.



It's picture frame making time!!



Kaulana enjoying the sweet treats.

## THE MĀLAMA MESSAGE

### MĀLAMA MESSAGE

By: Kia'i Lee

'Olu'olu (pleasant, nice, satisfied, contented, happy, agreeable, gracious; please) was Ka Pa'alana Preschool's Hawaiian value for the month of January. As preschool reconvened after a two week break for the holidays, pleasant smiles and warm welcomes were shared among families and staff. "It's so nice to see you folks again," said an aunty who brings her niece to Ka Pa'alana's preschool at Zablan Beach. A

Hawaiian proverb says, "Ua ola no I ka pane o ke aloha" (there is life in a kindly reply). December was a time for giving gifts, but in following,



Aunty Justine experiences a moment of 'Olu'olu or happiness as she receives hugs from our Kea'au keiki.

## READ TO YOUR KEIKI

By Jamie Goya

*Preventing Reading Difficulties in Young Children*, the 1998 report of the Committee on the Prevention of Reading Difficulties in Young Children, recommended three key practices to support language and literacy development. models for reading.

- Read aloud to children of *all* ages
- Read aloud as often as possible
- Talk about the story before, during, and after a read aloud session

Recommended books for infants include

soft books that infants can feel and mouth. Select books with bold colors on solid backgrounds. Older babies and toddlers may like small board books that they can hold in their hands. Select books with large peek-a-boo flaps to turn and simple words or nursery rhymes. Preschoolers are ready for longer books with simple plots. They are also very curious, so you can introduce factual books about topics of interest.

Visit your local library and ask your librarian for a list of books that you can check out. Have fun reading!

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