

Pepeluai 2012

February 2012



Pēpē Li'ili'i Infant



PARTNERS IN DEVELOPMENT
FOUNDATION

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Lāpule SUN	Pō'akahi MON	Pō'alua TUES	Pō'akolu WED	Pō'ahā THUR	Pō'alima FRI	Pō'aono SAT
 <p>Hawaiian Value: <i>Ho'omau: To Persevere</i> Children learn persistence when they are successful at a challenging task.</p>		<p>1 Make funny faces in the mirror with your baby, let her have fun with you.</p>	<p>2 Play peek-a-boo by hiding behind a blanket. Play with a familiar stuffed animal, & observe baby's reactions.</p>	<p>3 After a bath, rub baby with lavender lotion while telling about your day. Talk about what he did in the day.</p>	<p>4 Let baby (10 - 12mo.) feed herself. Offer simple finger foods that melt quickly, like Cheerios.</p>	
<p>5 Play "This Little Piggy." Talk about feet and what they are used for.</p>	<p>6 Throw a sheet over a table or on the back of 2 chairs, and let baby crawl into the "tunnel."</p>	<p>7 Make sounds: /b/, /m/, & /d/. Hold baby's hand to her lips as you speak to help her "feel" the words.</p>	<p>8 Babies like to watch older children play. Let baby watch others play and interact. Talk about what you see.</p>	<p>9 Help bring your baby's hands together to clap. Clap your hands loud then soft.</p>	<p>10 Hang a long bright ribbon around your neck. Let keiki try to reach & touch it.</p>	<p>11 Have baby (7-8mo.) sit alone or with help. Give them a pot lid and pan to play with.</p>
<p>12 Play a gentle tug o war. Let baby grasp a dishcloth and gently tug at other end. Let him win. Say, "So strong!"</p>	<p>13 Change the words of song and replace them with baby's name., ie: "Twinkle, Twinkle Little Noa."</p>	<p>14 Happy Valentine's Day!</p> 	<p>15 Hide a squeaky toy under a blanket while baby is watching. Squeeze the toy and see if baby can find it.</p>	<p>16 Blow bubbles for your keiki while baby is sitting in an infant seat or high chair.</p>	<p>17 Let baby touch cornmeal or flour in a plastic container. Ask, "how does that feel?" "So soft!"</p>	<p>18 Teach baby how to pat. Pat baby's hand on your arm, & say, "Pat-pat mama." Name the objects he pats.</p>
<p>19 Sit on the floor and roll a ball to baby. Encourage her to push it back to you.</p>	<p>20 Presidents Day No School Enjoy some family time with you little one.</p>	<p>21 Sing, "This is the way we wash our toes, wash our toes...so early in the morning."</p>	<p>22 Little Helper: Let your 12mo.(or older) keiki help you put toys in the toy box or into a basket.</p>	<p>23 Spread a blanket under a tree. Put baby on her tummy and encourage her to reach for toys.</p>	<p>24 Let baby hold a bath book while you are bathing her. Look at pictures together.</p>	<p>25 Go for a walk with your baby and point out the things you see and that catch your child's attention.</p>
<p>26 While comforting baby, talk to him about how you will always care for him and his needs.</p>	<p>27 Let baby hold a small toy in each hand, then offer a third. See if he can figure out how to hold three at once.</p>	<p>28 Help baby follow directions: Say "Hold the diaper." When baby follows directions, say "Thank you."</p>	<p>29 Read a touch-and-feel book. Let baby touch the different textures. Name them: "The little chick is soft and fluffy."</p>	 <p>A new baby is like the beginning of all things- wonder, hope, a dream of possibilities. ~ Eda J. Le Shan</p>		

CSEFEL Tips for Caregivers

Sing or hum the same song when it's time to move on to the next activity.

Doing this regularly will help to cue your child for a change ahead.

Reading Corner

I Kissed the Baby,
by Mary Murphy
The Daddy Book,
by Todd Parr
Yummy Yucky,
by Leslie Patricelli

Rhymes

Insects All Around
Sing to the tune of "Twinkle, Twinkle, Little Star"
Lady bugs and butterflies,
Buzzing bees up in the sky.
Teeny, tiny little ants,
Crawling up and down the plants
Many insects can be found
In the sky and on the

Web Worthy Links

American Library Association
www.ala.org.parentspage