

Pepeluali 2012

February 2012



Kamali'i Preschool



PARTNERS IN DEVELOPMENT FOUNDATION

www.pidf.org

Lāpule SUN	Pō'akahi MON	Pō'alua TUES	Pō'akolu WED	Pō'ahā THUR	Pō'alima FRI	Pō'aono SAT
 <p>Hawaiian Value: <i>Ho'omau: To Persevere</i> Children learn persistence when they are successful at a challenging task.</p>			1 Add food coloring to cooked spaghetti. Let keiki explore with her hands & make spaghetti art.	2 Let keiki mix dirt and water to make mud pies. Have a bubble bath ready for clean up!	3 Play count the cars: how many red cars can you find today (or blue trucks, yellow buses, etc.).	4 Pour a handful of baby carrots in a bowl. Ask keiki how many he thinks there are, then count them.
5 Draw with large chalk on the sidewalk. Create a theme: ocean, bugs, family, etc.	6 Put a few drops of blue food coloring into keiki's bath, and add a few toys.	7 Play "I Spy": "I spy with my little eye something that is red!" Continue the game using other colors.	8 Get an empty plastic jar and go on a bug hunt with your keiki. What did you find? Ask: "What makes them interesting?"	9 Put a few drops of dish soap in a large bowl of water. Let keiki use an egg beater or whisk o make bub-	10 Enjoy reading books together today. Talk about the characters and what happened to them.	11 Let your child help you make a simple dish or dessert, and pile on the praise!
12 Play beauty shop: Use brushes, combs, towels, spray bottle with water, hair bows, play money, etc.	13 Cut a large cardboard circle. Draw or paint a steering wheel. Let keiki play with it while taking car rides.	14 Happy Valentine's Day! Cut a toasted waffle into a heart. Serve w/ whipped cream and fruit.	11 Go to the library with your keiki. Borrow a book about baby animals and read it together.	12 Pick one night a month of no TV: Enjoy games, puzzles, coloring, cooking, and family time.	13 Let keiki help to set the dinner table, and serve one of the dishes.	18 Allow your keiki to help you make breakfast: crack and scramble the eggs, toast bread, & spread the jam.
19 Ask keiki, "Who loves you?" Write down her answers and let her decorate the page.	20 President's Day No School Have fun outdoors today; fly a kite, swim, plant a seed.	21 Look at the clouds today with your keiki. What do their shapes look like?	22 Tape two crayons together and have your child draw a picture.	23 Cut a heart shape from a dry sponge. Dip in paint to make heart shaped prints.	24 Hide a toy in one room of the house and let keiki find it. Let her know if she is "hot" or "cold."	25 Dust a cookie sheet with flour. Encourage keiki to draw with their fingers in the flour.
26 Fill jars with sand from various beaches. Notice the differences, and write down keiki's responses.	27 Have a living room picnic: Provide a tablecloth, picnic dishes, food, etc.	28 Treat your child to shave ice. Talk about snow and how it feels.	29 Invite a friend to do a childcare swap. Invite her child over for a few hours. Swap childcare at her house next.	<p>Cooking with Keiki: Applesauce Toast</p> <p>Ingredients:</p> <ul style="list-style-type: none"> • 1 slice of bread • 1 pat of butter • 1/2 tsp cinnamon • 1 Tb. sugar • 2-3 Tb applesauce <p>Let keiki mix sugar & cinnamon. Next, toast & butter the bread. Use a spoon to top toast with applesauce. Sprinkle with cinnamon-sugar. Cut into 4 toast sticks.</p>		

CSEFEL Tips for Caregivers

If your child is having trouble going to the next activity, give them time to adjust to the idea. Offering simple choices when possible is helpful.

Example: "Micah, bath time is in 5 minutes. Let's finish this drawing, then it's bath time. Would you like the blue towel or the green one?"

Reading Corner

Guess How Much I Love You

By Sam McBratney, Anita Jeram

The Very Busy Spider

By Eric Carle

Bye-Bye, Big Bad Bully Bug!

By Ed Emberley

Web Worthy Links

American Library Association
www.ala.org.parentspage