

# Pepeluai 2012

## February 2012



## Pēpē Toddler



PARTNERS IN DEVELOPMENT  
FOUNDATION

[www.pidf.org](http://www.pidf.org)

Lāpule	Pō'ākahi	Pō'alua	Pō'akolu	Pō'ahā	Pō'alima	Pō'aono
 <p><b>Hawaiian Value:</b> <i>Ho'omau: To Persevere</i> Children learn persistence when they are successful at a challenging task.</p>			1 Sit across from each other and roll a ball back and forth. Practice rolling it fast and slow.	2 Let your keiki help you water the plants today and name the plants for them as you water.	3 Read a book together under the covers using a flash light.	4 Give keiki a mini hand massage with lotion. Let keiki smell and feel the lotion, then let her massage your hand.
5 Draw a heart on paper then point to it and say, "heart. This is a heart shape." Let keiki color it.	6 Scarf Play: Throw scarves up into the air: Say, "Up." As you watch them fall to the ground, Say, "Down."	7 Let your child help collect laundry. Give him lots of positive encouragement & praise!	8 Give your child a "horse" ride & remember to shake your head and make neighing sounds.	9 When you are at the Post Office with your child, explain how we get our mail and where our letters go.	10 Hill games: Let your child roll a ball down a hill. Throw it back up to let her roll it again.	11 Put some ketchup inside a zip loc bag. Let keiki explore: What happens when you press or draw on it?
12 Get out the hose for some water play. Teach keiki how to go "over, under & through" the water. Have fun together!	13 Turn on the radio & have fun dancing around the house with your keiki.	14 <b>Happy Valentines Day</b> Enjoy a strawberry sundae with your child.	15 Have a tea party: Spread out a blanket on the floor and arrange tea cups, plates, a few favorite cookies & dolls	16 Sing your own made up Clean-Up Song. ie: "Put the teddy-bear in the box, in the box,..." etc.	17 Matching game: Make 2 copies of family photos. Let keiki find the matching pairs. ie: Tūtū and Tūtū	18 Play dress up with mommy and daddy's clothing; use shoes, hats, costume jewelry, and have fun!
19 Trace keiki's hand on card board then cut it out. Use it to measure items around the house. "This table is four hands tall."	20 <b>Presidents Day</b> No School Enjoy some family time with your little one.	21 Sing along with your movements: "Walking, walking. Hop, hop. Running, running. Stop, stop."	22 Childcare Swap: Invite a friend's child over for a few hours of fun, & trade childcare another time.	23 Allow keiki to use pencil and paper. Creating shapes, scribbles and lines develop emergent writing skills.	24 Flashlight Fun: Let keiki hold a flashlight and go on an evening bug-hunt.	25 Stack three blocks on top of each other, counting as you stack. Ask keiki to do the same. Next, try four blocks.
26 Make a bird feeder: Put out bread-crumbs for the birds, then quietly watch them enjoy it.	27 Add food coloring to water & freeze a tray of ice. Place the ice outside on white paper. What happens?	28 Pudding paint: Let keiki paint with pudding on a cookie sheet for some yummy fun!	29 Trace your child's body with sidewalk chalk, then let keiki trace you. Draw in your happy faces!	<b>Cooking with Keiki: Butterfly Breakfast</b> <b>Ingredients:</b> <ul style="list-style-type: none"> <li>One piece of toast cut into 2 triangles</li> <li>1 TB jam or jelly</li> <li>1 breakfast sausage link</li> </ul> <b>Directions:</b> Place sausage link in the middle of your plate. Add a triangle of toast spread with jam on each side for wings.		

### CSEFEL Tips for Caregivers

Help your toddler understand "what comes next" by talking about it.

Example: "Jon, now that we had our lunch, what comes next? That's right! It's story time!"

### Reading Corner

*Counting Kisses*

By Karen Katz

*The Daddy Book*

### Rhymes

Here is a Beehive

Here is the beehive, where are the bees?

(clench fist and bring out fingers quickly one by one)

Hidden away were nobody sees.

Watch and you'll see them come out of their hives.

One, two, three, four, five,

Buzz, buzz, buzz!

### Web Worthy Links

American Library Association  
[www.ala.org.parentspage](http://www.ala.org.parentspage)