

# Ianuali 2012

## January 2012



### Pēpē Toddler

### Theme: Ahupua'a



PARTNERS IN DEVELOPMENT FOUNDATION

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Lāpule SUN	Pō'akahi MON	Pō'aluā TUES	Pō'akolu WED	Pō'ahā THUR	Pō'alima FRI	Pō'aono SAT
1. <b>HAPPY NEW YEAR!</b> Toddlers love to clap. Turn conversations into songs where clapping hands is	2. Place shells on a tray. Talk about How they look & feel: smooth, bumpy, shiny, etc.	3. When your toddler practices zipping, say "ZIIIP!" as the zipper goes up or down.	4. When asking a toddler a question, give them plenty of time to answer.	5. Make a big smiley face out of a paper plate and play peek-a-boo behind the mask with your keiki.	6. When a toddler points to something, pretend he's asking you "What's that?" and name it for him.	7. Read, "Brown Bear, Brown Bear, What Do You See? Make up rhymes that will help your child name colors.
8. Play a finding game to remind your child of a familiar story. Say, "Little Kai, little Kai, what do you see? I see a bird looking at me."	9. Take a trip to a park or beach & talk about what you see. Find books about the places you visit; read about them.	10. Show your keiki what happens when you drop a ball. Let keiki experiment trying to bounce and catch the ball.	11. Have a special place for picture books and board books in reach of your children and make reading time a part of your day.	12. Tape record your child's favorite stories and songs and play at bedtime or on car trips.	13. Notice your child playing without conflict. Give <i>positive feedback</i> : "I like the way you shared your toys."	14. Get on your hands and knees beside baby. Crawl ahead of her, then turn & encourage baby to crawl after you.
15. Watch other children with your keiki. Talk about what the children are doing.	16. Give toddler a shallow plastic basin with water and toys to scoop and play with. Supervise all water play.	17. Make bath time reading time, and give your child waterproof books to enjoy as she plays in the tub.	18. Use pudding or cool whip as finger paint. This an opportunity for fun, texture and tasting experiences.	19. Make musical instrument: fill a plastic cup 1/2 full of dry pasta or beans. Add a second cup on top and secure with packing tape.	20. Listen carefully to what the toddler says. Repeat her words and add to what she says with interest.	21. Make a family photo album to help tell interesting stories about your family and culture.
22. Play the "Touch and Name" game. Touch different parts of your toddler's body and name them. "Here is Joey's nose.	23. When you comfort your crying toddler, talk to him about why he is crying. "Can you tell me what's wrong?"	24. Place small foods like Cheerios on keiki's highchair table: (8 mo. & older) This helps eye- hand coordination.	25. Hide a favorite toy under a small blanket. Encourage the child to grab the cloth and find the toy.	26. Put blocks in a container and shake it. Encourage your toddler to follow your lead to try shaking the container.	27. Teach your toddler how to handle books by encouraging him to show his stuffed animals how he reads.	28. Hide different objects in a large bin filled with rice or uncooked pasta and ask your keiki to find them.
29. Tie a pretty colored toy to a short ribbon. Swing the toy gently to encourage the child to move his eyes.	30. Find pictures of animals. Share pictures with your toddler: talk about the animal's name and sounds.	31. Fill an empty box with balls & small toys. Show how to drop or toss the toys into the box..	 <p>Hawaiian Value of the Month: <b>Kōkua</b> " 'A'ohē hana nui ke alu 'ia." No Task is too big when done together by all.</p>			

### CSEFEL Tips for Caregivers

Talk to your child during her diaper changing, using a warm and loving voice. Being hurried or impatient can cause anxiety in your child. This simple task can help your child's social and emotional development.

### Cookie Cutter Toast

- Toast
- Cream Cheese
- Butter
- Jelly
- Banana slices

Cut the toast into circles for each child and let the children build their own sandwiches using bananas, cream cheese, butter and or jelly.

### Reading Corner

#### Learning the Alphabet

Eating the Alphabet by: Lois Ehlert  
Chicka, Chicka., Boom, Boom by: Bill Martin and John Archambault.