

Ianuali 2012

January 2012



Preschooler Kamali'i

Theme: Ahupua'a



PARTNERS IN DEVELOPMENT
FOUNDATION

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Lāpule SUN	Pō'akahi MON	Pō'aluā TUES	Pō'akolu WED	Pō'ahā THUR	Pō'alima FRI	Pō'aono SAT
1 Create clean-up a game w/a kitchen timer. Say: "Let's see how many toys you can put away before the timer goes off."	2 Cut out pictures of 6-8 things that go together such as cereal and milk, bat and ball. Use them in a matching game.	3 Create crayon rubbings: Put a piece of paper over the item like a key or coin. Rub crayon over the paper.	4 Create an area for your child to listen to stories on cassette players with tapes. Record yourself telling the story.	5 Play Bean Bag Toss: You can use rolled up socks in place of bean bags. Toss them into a box or bin.	6 Make up a chain story with keiki: They start by saying "Once upon a time..." and the next person continues.	7 Teach preschool children how to spell their name using sign language
8 Children learn 8 to 28 new words a day. Teach them a few new ones each week. Example: "This is <i>delicious</i> ."	9 Let children eat out of different containers: paper sacks, cupcake baking cups, a small basket, tea cups, Ziploc baggies, etc.	10 Make a family cookbook of favorite recipes. Include pictures of keiki, pictures of keiki's art work, etc.	11 Create an inviting library corner: Place a rug and pillows in a quiet area in your home. Set up a table or container for books.	12 Ask keiki to imagine what their favorite animal does from the time it wakes up until it sleeps. Discuss its' food, habits, etc.	13 Look at pictures from past family vacations and take turns talking about your memories of the trip.	14 Scavenger Hunt: Have keiki find something soft, shiny, an animal and something delicious. Talk about them.
15 Create a quiet space for children using a small plastic swimming pool with blankets and pillows for reading, relaxing or resting.	16 Read the newspaper with your preschooler and point out interesting pictures and captions to him.	17 As you read together, point to objects & ask your child to name what he sees. During the story, ask keiki to find an object, etc.	18 Have lunch somewhere different such as the park, front yard, back yard, living room, etc.	19 Make shadow puppets: darken a room & adjust a lamp in a safe position where it casts shadows on a wall.	20 Use empty plastic bottles for bowling pins. Set bottles in a triangular shape. Use a soft ball to knock the pins over.	21 Sand writing: Give Keiki a shallow pan or cookie sheet covered with wet sand. Keiki can use their finger to form letters.
22 Go to the market and weigh your fruit and veggies. What weighs more, the carrots or the bananas?	23 Dance to the ABC Song. Sing through the alphabet with same upbeat music. Clap and make up dance steps!	24 Take a nature walk and collect items for a collage. Have keiki make a picture with the items she has collected.	25 Using crayons or markers and some large paper, draw pictures and allow child to describe what she sees.	26 Tell your children stories about your parents and grandparents & create a book of memories.	27 Place different types of objects in a large shallow pan and use a strong magnet to see which items attract.	28 Cut different shapes from colored paper. See how many shapes keiki can match.
29 Let keiki arrange a group of objects from smallest to largest. Then have keiki arrange from large to small.	30 Buy a children's dictionary then start the "Let's look it up" habit.	31 Cut sandwiches into shapes: square, triangle, circle, rectangle. Ask, "What shape is this?"	 <p>Hawaiian Value of the Month: Kōkua "A'ohe hana nui ke alu 'ia." No Task is too big when done together by all.</p>			

CSEFEL Tips for Caregivers

When keiki is toilet training, encourage them with lots of praise even when things are not perfect. Many preschoolers use pull-ups at night, and that is ok. Keep it happy and positive!

Center for the Social and Emotional Foundations for Early Learning

Reading Corner

Bing: Make Music

by: Ted Dewan

The Maestro Plays

by: Bill Martin Jr.

Zin, Zin, Zin, A Violin

by: Lloyd Moss

Cooking with Keiki

Cinnamon Stars

Ingredients:

2 pieces of toast

2 pats of butter

2 Tb. Sugar

1/2—1 tsp Cinnamon

Star-shaped cookie cutter(or cut triangles for "trees")

Butter each piece of toast.

Mix cinnamon and sugar.

Cut out shapes from toast.

Sprinkle with cinnamon

sugar. Enjoy!